

<u>Swimming</u>

As part of the sports offer for the year - all children in Key Stage 2 will go swimming at some point.

- ✓ Swimming will take place on <u>Fridays</u>. They will receive a 1 hour lesson.
- ✓ Lessons will be delivered by a fully qualified swimming instructor or the class teacher.
- \checkmark We have paid for an additional lifeguard to be on duty.
- ✓ Children will be assessed and grouped according to their ability and not their age.
- ✓ Two classes will go for a set number of dates. See below.
- ✓ Children will be transported by coach from and to school during the normal school hours.
- ✓ Lessons will take place at Burntwood Leisure Centre.
- ✓ Greysbrooke will have sole use of the pool during this time and there will be no spectators.
- ✓ Swimming is part of the National Curriculum and is not optional. If for medical reasons your child cannot swim for a session, we need a letter stating why – they will still accompany the class to the leisure centre.

On swimming days;

- ✓ Children will be required to wear PE kit, this is easier to get on and off for the lesson.
- ✓ All children (both boys and girls) will be required to wear a swimming hat. If long hair can be tied up on these days, it will help in getting hats on.
- ✓ Girls will require a one piece swimming costume (no bikinis or tankinis) and a towel.
- ✓ Boys are required to wear tight swimming trunks or shorts (no baggy shorts are allowed as per rules set by the centre.)
- ✓ No jewellery (earrings in particular) are to be worn on these days. Leave watches and fit bits at home to ensure they are safe.

Please do not send your child to school wearing swimwear as they do not go swimming until the afternoon.

<u>Year 5 and Year 6 will go swimming on the following dates;</u>

16/09, 23/09, 30/09, 07/10, 14/10, (21/10 INSET no lesson), 04/11, 11/11, 18/11, 25/11, 02/12

<u>Year 3 and Year 4 will go swimming on the following dates;</u>

13/01, 20/01, 27/01, 03/02, 10/02, 17/02, 03/03, 10/03, 17/03, 24/03